

RESET

AN INVITATION TO BEGIN 2026 GOD'S WAY

Reset Your Trust: Leaning on God Again Proverbs 3:5-6

Big Idea: You can't walk confidently into the future if you're guided by yesterday's fears.

"... you don't really know Jesus is all you need until Jesus is all you have."

— Timothy Keller [Counterfeit Gods]

Reset Your Trust in God's . . .

A. Guidance [Proverbs 3:5-6]

B. Goodness [Matthew 7:9-11]

C. Timing

1. Stagnation vs. Preparation [Isaiah 40:31]
2. Denials vs. Refinements [James 1:2-4]
3. Completeness vs. Urgency [Proverbs 3:6]

Trust is not a one-time spiritual decision; it is a daily reset. Yesterday's fears, disappointments, and failures cannot guide us into God's future. As we reset our trust in God's guidance, God's goodness, and God's timing, we learn to walk forward with clarity, courage, and confidence.

Study Questions and Application

[1] Read Proverbs 3:5, Jeremiah 10:23, and Isaiah 55:8-9. Where in your life have you been leaning on your own understanding instead of actively seeking God's direction? How does the illustration of the house renovation help you see God's guidance in seasons of discomfort or uncertainty?

[2] Read Matthew 6:31-32; Psalm 73:2-3; Romans 8:28. How can remembering God's character, as described in these verses, help reshape your perspective in times of anxiety or loss?

[3] Read Isaiah 40:31, James 1:2-4, and Proverbs 3:6. What practices help you stay obedient and trust God daily, rather than rushing ahead out of impatience?

[4] Memorize Psalm 16:9 and pray asking God to guide your steps as you practice trusting Him every day knowing He plans your way and established your steps.

[Proverbs 3:5-6] Trust in the Lord with all your heart, and do not lean on your own understanding. ⁶ In all your ways acknowledge him, and he will make straight your paths.

[Jeremiah 10:23b] It is not in man who walks to direct his steps

[Isaiah 55:8-9] For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. ⁹ For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

[Psalm 37:5] Commit your way to the Lord; trust in Him, and he will act.

[Psalm 119:105] Your word is a lamp to my feet and a light to my path.

[Proverbs 16:9] The heart of man plans his way, but the Lord establishes his steps.

[Matthew 7:9-11] "Or which one of you, if his son asks him for bread, will give him a stone? ¹⁰ Or if he asks for a fish, will give him a serpent? ¹¹ If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him!" - Jesus

[Matthew 6:31-32] Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.

[Psalm 73:2-3] But as for me, my feet had almost stumbled, my steps had nearly slipped. ³ For I was envious of the arrogant when I saw the prosperity of the wicked.

[Romans 8:28] And we know that for those who love God all things work together for good for those who are called according to his purpose.

[Psalm 145:9] The Lord is good to all, and his mercy is over all that he has made

[James 1:17] Every good and perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change

[Isaiah 40:31] . . . but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagle they shall run and not be weary; they shall walk and not faint.

[James 1:2-4] Count it all joy, my brothers, when you meet trials of various kinds, ³ for you know that the testing of your faith produces steadfastness. ⁴ And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.