

DAVID'S PLAYLIST

A STUDY OF
THE PSALMS

Which Path Are You On? [Psalm 1]

Big Idea: Life offers two paths — one leads to life and blessing, the other to emptiness and ruin

A. Who Are You Walking With? {1:1}

Three Danger Zones:

- [1] Are you Walking in the Counsel of the Wicked?
- [2] Are you Standing in the Way of Sinners?
- [3] Are you Sitting in the Seat of the Scoffer?

B. What Are You Rooted In? [1:2-3]

Two Questions:

- [1] Do You Delight in God's Word? [Joy]
- [2] Do you Meditate on God's Word looking for wisdom and direction?

C. What Is Your Destination? [1:4-6]

*What is the end game of your choices?
Which path are you on?*

Study Questions and Prayer

- [1] Read Psalm 1:1-6. Who or what is currently influencing your thinking, values, and decisions the most — and is that influence leading you closer to God or away from Him?
- [2] What would it look like for you to “delight in the law of the Lord” in your daily routine? What's one small step you can take this week to stay rooted in God's Word?
- [3] How can you tell if your life is producing fruit like the tree in verse 3? What are some signs that you're spiritually healthy — or spiritually dry?
- [4] Pray asking God to help you walk in His ways [not the world's] and to plant you deep in His truth so you can grow strong, steady, and fruitful, staying on the path that leads to life.

[Psalm 1:1] Blessed is the man who walks not [Proverbs 4:14-15] in the counsel of the wicked [Psalm 37:32], nor stands in the way of sinners, [Proverbs 1:10, 16:29] nor sits in the seat [Psalm 26:4, Jeremiah 15:17] of scoffers; . . . [Proverbs 13:1, 19:28, 19:29, 21:24, 119:5]

[Proverbs 4:14-15] Do not enter the path of the wicked, and do not walk in the way of the evil. ¹⁵ Avoid it; do not go on it; turn away from it and pass on.

[Psalm 1:2-3] but his delight is in the law of the Lord, [Psalm 112:1, Psalm 119:35] and on his law he meditates day and night. [Psalm 112:1, 119:35, 92] ³ He is like a tree planted [Jeremiah 17:8] by streams of water that yields its fruit in its season, and its leaf does not wither. [Ezekiel 47:12] In all that he does, he prospers. [Genesis 39:3, 23, Psalm 128:2, Isaiah 3:10]

[Joshua 1:8] This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

[Jeremiah 17:7-8] Blessed is the man who trusts in the Lord, whose trust is the Lord. ⁸ He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.

[Genesis 39:1-3] Now Joseph had been brought down to Egypt, and Potiphar, an officer of Pharaoh, the captain of the guard, an Egyptian, had bought him from the Ishmaelites who had brought him down there. ² The Lord was with Joseph, and he became a successful man, and he was in the house of his Egyptian master. ³ His master saw that the Lord was with him and that the Lord caused all that he did to succeed in his hands. ⁴

[Psalm 1:4-6] The wicked are not so, but are like chaff that the wind drives away. [Job 21:17-18] ⁵ Therefore the wicked will not stand in the judgment, [Psalm 5:5, Psalm 76:7, Nahum 1:6, Luke 21:36, Ephesians 6:13] nor sinners in the congregation of the righteous; [Ezekiel 13:9] ⁶ for the Lord knows [Psalm 31:7, 37:18, 144:3, Nahum 1:7, John 10:14, 2 Timothy 2:19] the way of the righteous, [Psalm 1:6] but the way of the wicked will perish.

[James 4:13-15] Come now, you who say, “Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit” — ¹⁴ yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. ¹⁵ Instead you ought to say, “If the Lord wills, we will live and do this or that.”