



the Parent LINK

Children's Ministry Edition



January 2012



Kingdom Kids of First Baptist Church of Allentown
1808 N. 19th St.
Allentown, PA 18104



POWERSOURCE

ASK GOD:

1. For guidance as you set appropriate rules and boundaries.
2. To help you deal with rebellion in a calm, positive, and loving manner.
3. To forgive you when you rebel against God and his commands.

Deal With Rebellion Constructively

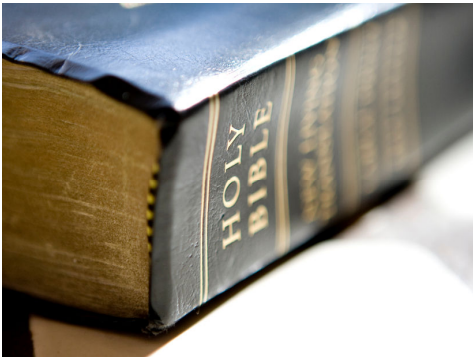
Because of sin, all of us rebel against authorities and God. As parents quickly discover, children are no exception. These little “angels” assert independence by rebelling against rules from a young age. But the Bible instructs parents to discipline children out of love, molding them into Christians who strive to obey God and respect other people. Use these strategies for dealing with rebellion as children grow:

- Birth to 2 years: Accept that God gives even newborns the ability to display unique temperaments. Provide lots of comfort and warmth.
- 3 to 4 years: Listen carefully and respond to children’s physical and emotional needs. Explore what upsets them. Model Christ’s love by giving kids affection.
- 5 to 7 years: Offer choices and clear consequences for disobedience. Balance your demands with warmth and reason.
- 8 to 12 years: Consistently enforce rules. Let children know you trust them, and praise them for a job well done. Evaluate tough situations and ask what kids can do differently next time.

INSIGHTS

- In a survey of 2,000 parents with children ages 2 to 11, 38% said they use the same discipline method as their own parents did.
- Parents report using the following discipline methods frequently: time-outs (42%), removal of privileges (41%), sending to bedroom (27%), yelling (13%), and spanking (9%).
- One-third of parents believe their discipline approach is ineffective.

(cpj.sagepub.com)



“Christ Jesus came into the world to save sinners”—and I am the worst of them all. But God had mercy on me so that Christ Jesus could use me as a prime example of his great patience with even the worst sinners.
(1 Timothy 1:15)

God used Paul, who once persecuted Christians, to spread the news of God’s grace and forgiveness.

TEACHABLE MOMENTS

1. When You Were My Age— Share with children some of the rules you had to follow while growing up, whether they’re different from or similar to your current household rules. Then discuss some ways rules are good for us, even when we don’t like to follow them.

2. God’s Grace— While discussing people in the Bible who made bad choices and faced consequences, be sure to emphasize God’s grace, as well. For example, King David suffered greatly after sinning, but he sought—and received—God’s forgiveness.



3. Commandments 2.0— Work together to reword each of God’s Ten Commandments as a loving guideline from a loving God. For example, you may write, “Because I want you to be protected from religions that would mislead you, don’t have any other gods except me.”

Discuss rebellion and obedience by asking children these conversation-starting questions:

1. What makes people rebel, or break the rules? Why is it sometimes difficult to do what we’re supposed to do?
2. How is rule-setting an act of love? What should we do when a rule doesn’t seem loving or when we disagree with it?
3. How does God respond to our sins and mistakes? How do you respond when other people break rules, and why?

FAMILY EXPERIENCE

Use these activities to share the message that God wants us to follow and obey him.

The Master’s Voice— Set up an obstacle course and have family members take turns trying to navigate it while blindfolded. Designate one person to give correct directions while everyone else shouts out wrong directions. Afterward, discuss what it was like trying to decide which voice to trust. Read John 10:1-5. Ask: “What makes it difficult to hear God’s voice and follow his instructions? What are some ways God speaks to us and helps us learn to hear him?” Close in prayer, asking God to make you good listeners and followers of him.

• **Family Footprints—** Make imprints of your feet as reminders to walk with God. You’ll need a large sheet of black plastic, sand, plaster of Paris, water, and a mixing bucket. Pour 3 inches of sand onto the black plastic. Mix enough water into the sand so it’ll hold a mold. Mix the plaster of Paris and water in the bucket according to the directions. Help each family member press a foot 2 inches into the sand. Carefully pour plaster into each footprint. The plaster takes 30 minutes to harden.



While prints are drying, read aloud Joshua 22:5 and discuss what it means to walk with God. Ask: “What ways do we rely on each other? What ways do you rely on God? How are these ways similar or different?” When the footprints have hardened, gently dig them out. Then display them in your yard or garden as reminders to obey and walk with God.

Retraining the Heart

It's amazing how transparent children can be when you take time to actively hear what they have to say. After listening for a while, it's often possible to identify some key thinking errors that perpetuate the child's problems.

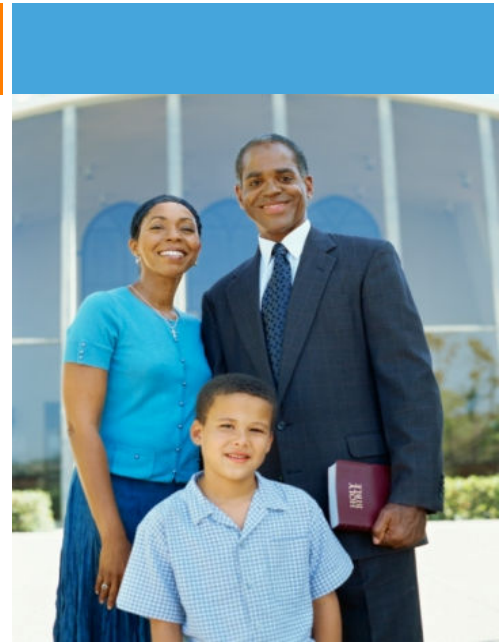
Take some time to study your children. What weaknesses do they have? What lies do they believe? What are some of the unproductive things they're saying in their hearts? It can be helpful to simply make observations and write them down.

Ask yourself: What does he say when he's arguing with me? What does she say when she's angry? What does he mumble under his breath in his room or as he stomps down the hall? How does she report offenses to her friends? How does she rationalize and justify her mistakes? As you listen to your child talk, you'll get a bigger picture of beliefs, values, and impressions that are guiding behavior.

Matthew 12:34 says, "out of the overflow of the heart the mouth speaks." As you learn to listen to your child's heart, identify target areas that you sense are a problem. Behavior indicates what's happening inside, so when you see a particular weakness, jot it down on a piece of paper. You might list things like procrastination, pride, fear, gloom and doom, or lack of confidence.

You've probably known these character weaknesses were causing problems. By identifying the misconceptions at the root of the behavior, you'll be ready to do some deeper work in your child's heart. Once you identify a heart issue that concerns you, then you can develop a strategy or action plan to help your child grow.

This parenting tip comes from the book *Parenting Is Heart Work Kids* by Dr. Scott Turansky and Joanne Miller, RN, BSN.



CULTURE & TRENDS

- Studies show that religious identity and the friends you make at church lead to happiness. The close interactions, researchers say, are what contribute to feelings of well-being. *(American Sociological Review)*
- Music stations such as Radio Disney acknowledge that parents are now a core part of their audience. They're reaching out to people who grew up listening to those tunes. Marketers say a mixture of genres has led to Radio Disney's longevity. *(reuters.com)*

QUICK STATS

- As many as 10% of kids have an anxiety disorder. Experts recommend parents acknowledge feelings, provide plenty of down time, and encourage physical exercise and journaling. *(Dept. of Health & Human Services)*
- 71% of moms say they can't go more than a day without using the Internet. Meanwhile, 42% of children think their parents need to disconnect from technology more at home.
- *(parenting.com)*





January



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2	3	4 Pioneer Clubs 6:45-8:15 pm	5	6	7
8 Awana 5:45-7:15 pm	9	10	11 Pioneer Clubs 6:45-8:15 pm	12	13	14
15 Awana 5:45-7:15 pm	16 MLK B.day Observance	17	18 Pioneer Clubs 6:45-8:15 pm	19	20	21
22 Awana 5:45-7:15 pm	23	24	25 Pioneer Clubs 6:45-8:15 pm	26	27	28
29 Awana 5:45-7:15 pm	30	31				